



Co-funded by the  
Erasmus+ Programme  
of the European Union



FuturEurope



# HOPE



Youth Healing Our Planet Earth

## “Youth Healing Our Planet Earth - HOPE”

**2021-2-EL02-KA152-YOU-  
000038477**

Erasmus+ KA152-YOU  
Youth Exchange

Selianitika, Greece  
1-9 September 2022

# Objectives

- Enhance and raise youth's environmental awareness on the importance of climate change via non-formal learning.
- Explore the power of youth intercultural dialogue and learning for tackling global problems, such as climate change and global warning.
- Strengthen European added value and break down prejudices and stereotypes.
- Promote the concept of “zero kilometers food”, local products and an alternative diet model, respecting nature.
- Develop social skills, team spirit and attitudes of young people, sharing experiences, exchange ideas and establishing quality partnerships with European peers.
- Motivate youth in street art workshops, related to environmental topic, increasing their art, social skills and cultural awareness.



# When

## September 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<b>1</b> Arrival Day Youth Exchange	<b>2</b> Youth Exchange	<b>3</b> Youth Exchange	<b>4</b> Youth Exchange
<b>5</b> Youth Exchange	<b>6</b> Youth Exchange	<b>7</b> Youth Exchange	<b>8</b> Youth Exchange	<b>9</b> Departure Day Youth Exchange	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		



# Youth Exchange Agenda

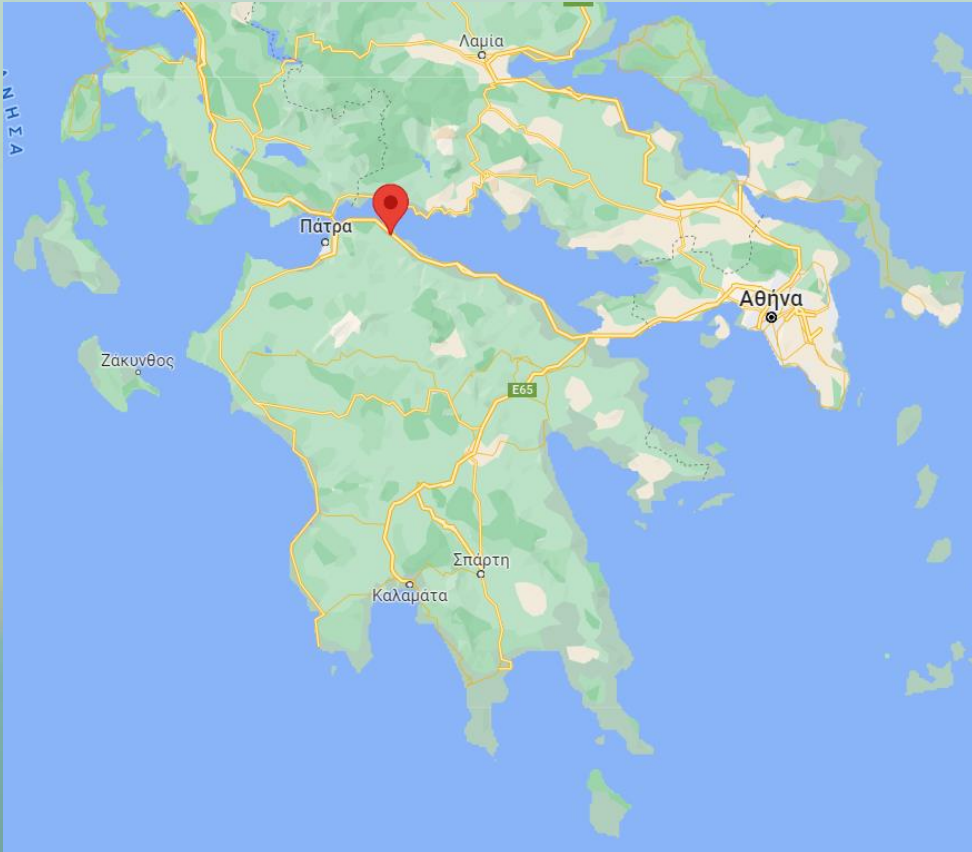
	Day 1 Arrival Day Thursday 01/09/22	Day 2 Greece Friday 02/09/22	Day 3 Romania Saturday 03/09/22	Day 4 Cyprus Sunday 04/09/22	Day 5 Sweden and Italy Monday 05/09/22	Day 6 Portugal Tuesday 06/09/22	Day 7 Spain Wednesday 07/09/22	Day 8 Turkey Thursday 08/09/22	Day 9 Departure Day Friday 09/09/22
08.00-09.00	Arrival of Participants in Selianitika	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09.00-09.30		Ice-Breaking Activities	Energizers	Energizers	Energizers	Energizers	Energizers	Energizers	Departure of Participants from Selianitika
09.30-11.00		Energizers  Expectations, Fears, Contributions, Rules	"17 goals of the UN" Activity- workshop	"Climate Change- Global Warming: The Phenomenon of Wildfires" Activity	"What is Environmental Sustainable Development?" Workshop	"Youth Healing Our Planet Earth" Workshop	Trip to Patras  Visit of the Archeological Museum of Patras	Erasmus+ Projects Youthpass Presentation  Certificates	
11.00-11.30		Coffee Break	Coffee Break	Trip to Ziria Burnt Forest	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
11.30-13.00		World cafe: "Climate Change-Global Warming" Workshop	"17 goals of the UN- Collage" workshop	Tree Planting in the Burnt Forest of Ziria	Meeting with the Major & the Local Council of Aigialeia Municipality	"Youth Healing Our Planet Earth" Workshop	Visit Local Sustainable Company	Expectations, Fears, Contributions if Fullfilled	
13.00-16.00		Lunch	Lunch	Light Lunch	Lunch	Lunch	Trip to Nafpaktos  Light Lunch	Lunch	
16.00-17.30		"Climate Change- Global Warming Debate" Game	"Think global, act local: 0.Km Food " Workshop	Trip to Aigio Visit the Archeological Museum of Aigio	"Cherryland - Fokaeon Estate" Visit (Optional)	"Youth Healing Our Planet Earth" Workshop		Art Workshops Preparation	
17.30-18.00		Coffee Break	Coffee Break	Return to Hotel	Coffee Break	Coffee Break		Coffee Break	
18.00-19.30		Art Workshops Preparation	Art Workshops Preparation	Art Workshops Preparation	Art Workshops Preparation	Art Workshops Preparation		Reflection Evaluation	
19.30-20.00		Reflection	Reflection	Reflection	Reflection	Reflection	Reflection	Art Workshops Presentation	
20.00-21.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00-...	Welcome Evening	Intercultural Night (Spain, Romania)	Intercultural Night (Italy, Turkey)	Intercultural Night (Portugal)	Intercultural Night (Cyprus)	Intercultural Night (Sweden)	Intercultural Night (Greece)	Farewell Party	



# Where

Selianitika, Greece

Athens International Airport-Selianitika  
Distance: 210 km, approximately 2.5 hours



# Venue

“Hotel Kanelli Beach” in Selianitika, Greece

Participants will be accommodated in 3- or 4-bed  
rooms.



Website: <http://www.hotelkanelli.gr/index.php/en/>

Telephone: +30 26910 72213

Address: Selianitika, Achaia, 25100, Greece

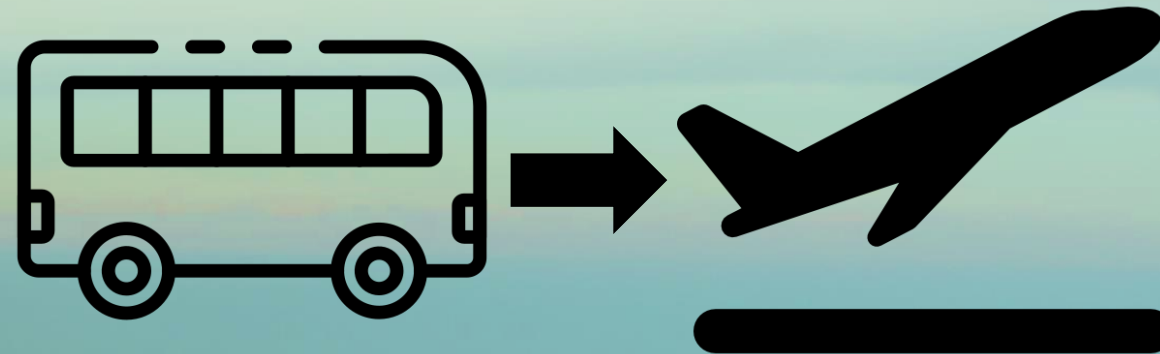
# Organizing your Travel

For your way from Athens International Airport to Selianitika we will arrange a shuttle bus to pick you up and transfer you to the venue of the Youth Exchange.

Please book your flights in order to **arrive at Athens International Airport till 16.00** the latest **on 1<sup>st</sup> September 2022** so as to catch the shuttle bus.

We will also arrange a shuttle bus to pick you up from the venue and transfer you to Athens International Airport on departure day.

Please book your departure flights in order to **depart from Athens International Airport after 12.00 on 9<sup>th</sup> September 2022** so as to catch the shuttle bus.



# Who

## Partners:

1. Italy
2. Sweden
3. Cyprus
4. Turkey
5. Portugal
6. Romania
7. Spain

4 youth (aged 18-30) and  
1 leader (18+) from each partner  
experienced in youth projects  
and interested in the topic will  
participate in the Youth Exchange.



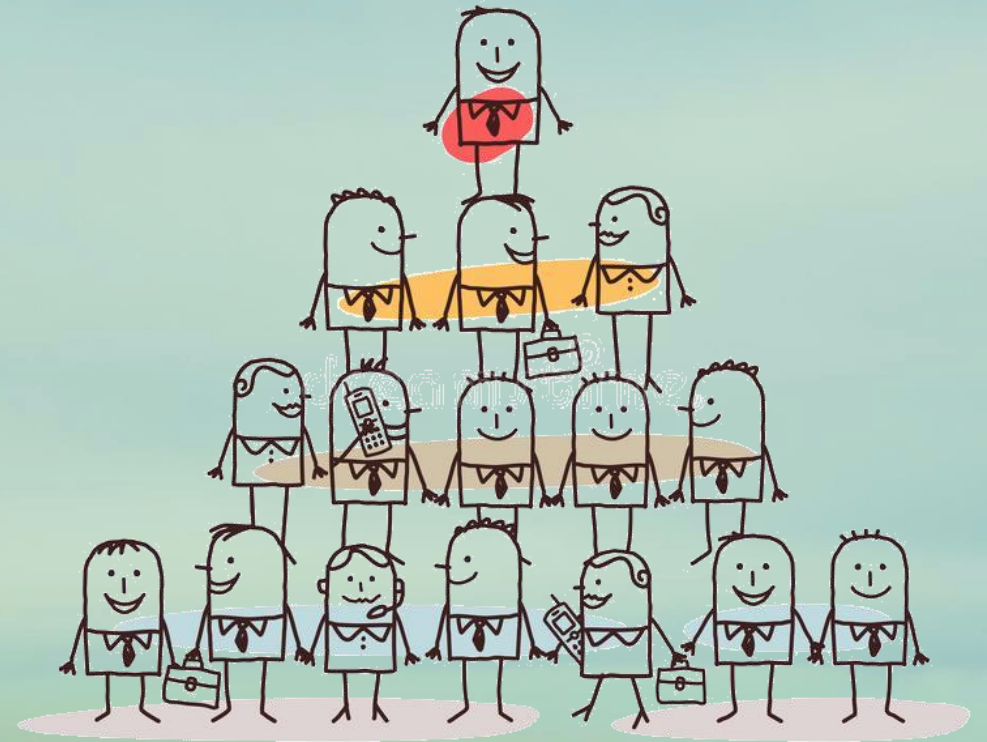
# Participants

- Youth aged 18-30 years old.
- Interested in the topic of the project and keen on Participating in a participants-driven project.
- Promote a positive attitude at the group level, active engagement and teamwork.
- Have a good or basic level of English.
- Interested in acquiring soft skills through volunteerism and youth work.

**Deadline for sending the participants list is the 30<sup>th</sup> June 2022** because the hotel is overbooked.

Application form for the Youth Exchange till  
31<sup>st</sup> July 2022:

**To be announced soon...**





# Reimbursement

Partner	Distance Band	Reimbursement per person
Italy	500-1999km	275 €
Sweden	2000-2999km	360 €
Cyprus	500-1999km	275 €
Turkey	500-1999km	275 €
	Visa	100 €
Portugal	2000-2999km	360 €
Romania	500-1999km	275 €
Spain	500-1999km	275 €

Mentioned amount is the maximum level of possible reimbursement, according to the European Distance Calculator.

A participation fee of **20€ (not reimbursed)** will be asked from all participants for the 2 trips.

# Financial Conditions

Accommodation, food (breakfast, lunch, dinner) and program materials will be totally covered by project's budget.

Transportation costs of all participants will be covered by project's budget up to Erasmus+ limits of transportation costs for a certain country, based on Erasmus+ distance calculator.

Buying all tickets is an obligation of participants (with partners' organization support).

**PLEASE DO NOT buy your tickets without having prior confirmation from the coordinator.**

Note that the following costs will NOT be covered by the project's budget:

**Taxi, Personal Car, Parking, Extra luggage, COVID-19 PCR test, Personal Costs.**

# Reimbursement Rules

Before booking a ticket, please ask the coordinator for approving the ticket.

After approval of the tickets, you can book the tickets.

Forward all e-tickets and boarding passes to the project's coordinator e-mail.

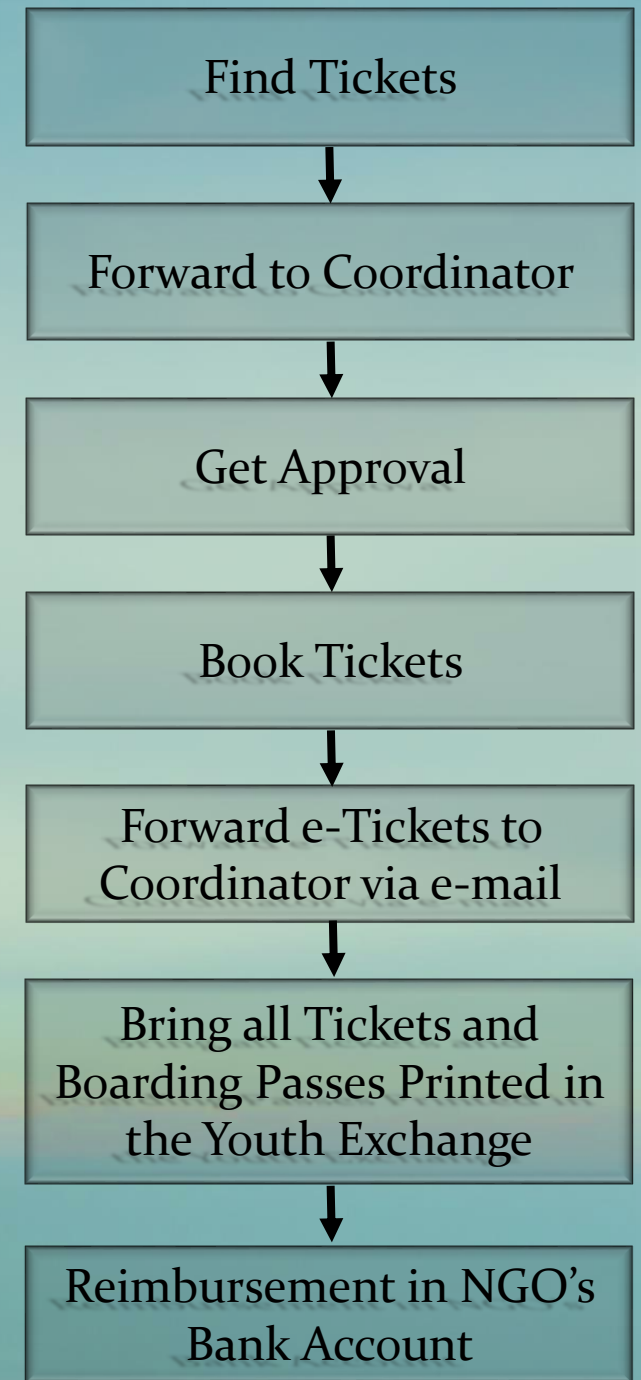
Also, bring all original tickets and boarding passes printed during the Youth Exchange.

If tickets are booked in another currency, the amount will be converted to euros (€) according to the currency rate of the day that the tickets were booked.

Missing or lost tickets are not reimbursed.

Tickets with longer extra stay will NOT be reimbursed.

NOTE: The reimbursement will be done by bank transfer, for all participants in the NGOs' accounts when all documents are fulfilled.



# Safety and Health Issues

## Health Insurance

Participants are themselves responsible to get a travel insurance.

We do encourage to issue at least European Health Insurance Card or an Additional Travel Insurance.

If anyone who uses medicine should bring with themselves. We don't give any medicines and we don't cover insurance fees.

## Allergies – Food Preferences – Special Diet

If there's any person with special diet/allergies, please inform us via the application form mentioned previously in the Infopack.

It is especially important for us to know about diets/allergies/special needs.

## COVID-19 Protocol

All participants should be fully vaccinated against COVID-19. We apply to all relevant international regulations provided by the Greek law and authorities and we will let you know all the measures against COVID-19 pandemic in force in our region.



# Do not Forget

Do not forget to bring with you:

- All original tickets and boarding passes
- European Health Insurance Card
- ID card and Photocopy of ID card
- Laptop or Tablet (1 per group)
- Material and National Products for the

Intercultural Nights

- Comfortable clothes and shoes
- Swimsuits
- Beach Towels
- Flip-flops
- Sunscreen - Hat
- Medicines, if needed
- Pocket Money





# Contact us

In case of any additional questions feel more than welcome to contact us:

**Christos Christodouloupoulos**

Coordinator

Email: [christodouloupouloschris@gmail.com](mailto:christodouloupouloschris@gmail.com)

Telephone: +30 697 9196670

**Michail Lykouras**

Administrative Officer

Email: [michalislyk@gmail.com](mailto:michalislyk@gmail.com)

Telephone: +30 697 2119953

**Sandy Vamvaka**

Contact person - Mentor

[sandyvamvaka@gmail.com](mailto:sandyvamvaka@gmail.com)

+30 697 3020166

# Coordinator

## Youth Waves 4 EU

Group of young people  
active in youth work

**Address:** Megalou Spileou 65,  
Lefka, 26333, Patras, Greece

**E-mail:** [youthwaves4eu@gmail.com](mailto:youthwaves4eu@gmail.com)

**Website:** [youthwaves4eu.wordpress.com](http://youthwaves4eu.wordpress.com)

**Facebook:** [Youth Waves 4 EU](https://www.facebook.com/YouthWaves4EU)

**Instagram:** [youthwaves4eu](https://www.instagram.com/youthwaves4eu)



YOUTHWAVES4EU