

Welcome to the fourth newsletter of the project **"BE OPEN MINDED"**, co-financed by ERASMUS+ under the grant agreement n. 2020-1-PL01-KA204-081435.

In this issue, we'll update you about **the second training activity we implemented in-presence**, the staff mobility in San Benedetto del Tronto (Italy) that was implemented from 06 March to 10 March 2022, hosted by our partner Associazione Culturale EUTOPIA.

This mobility was focused on **clown therapy and pet therapy as methodologies for adult education**.



## THE AGENDA

### DAY 1 – ARRIVALS

**DAY 2** – Project meeting – Team building activities - Presentation of the local activities in clown therapy – Free time

**DAY 3** – Theatrical activity with the professional Clown – Lecture on clown therapy for education - Clown therapy workshop -

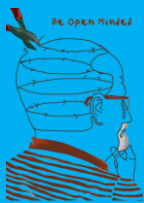
**DAY 4** – workshop on storytelling, balloon squeezing, creation of foam rubber - Study visit – Lecture on pet therapy – Evaluation of the mobility

### DAY 5 – DEPARTURES

## LOCATION

Premises of **Accademia Risorgimento**:  
Via Risorgimento, 32  
San Benedetto del Tronto



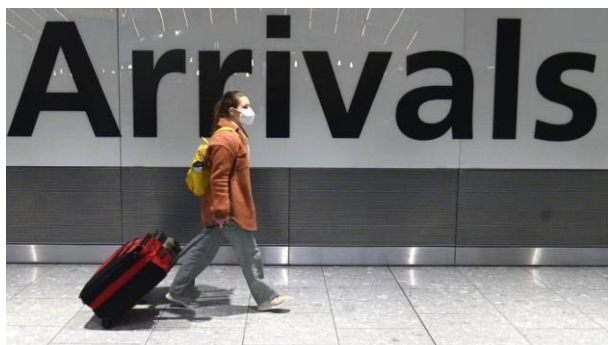


## OBJECTIVES OF THE MEETING:

- to give new knowledge about the local situation about social work and social enterprises;
- to offer knowledge and experience of therapeutic projects involving dog therapy and clown therapy;
- to improve intercultural and trainings skills of the educators;
- to exchange experiences between educators;
- to improve organizational skills of the host participants.

## DAY 1

Arrival in Rome, Ancona and Bologna airports, then transfers to San Benedetto del Tronto (about 2/3 hours). Each partner arrived independently in San Benedetto in the **afternoon/evening of Sunday 6 March 2022**.



## DAY 2

09:30 – 09:40

**Official welcome and opening of meeting - Team building: Get to know each other.**



09:40 – 10:00

**Presentation of the project by the project Coordinator.**

10:00 – 10:15

**Presentation of Associazione Culturale Eutopia (past Erasmus+, clown and pet therapy experiences).**

10.30-12.45

**Presentation: activities in San Benedetto del Tronto in senior residences and hospitals using clown therapy and pet therapy by Alceste Aubert, volunteer, with the special participation of the students taking part in the local activities.**

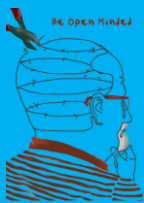


15:00-17:00

**Team building activities, by Alceste Aubert volunteer; special guest: Jack the dog.**







### DAY 3

09:00-11.00

**Workshop: Educating with laughter pt1 - Fairy tale in kissed rhyme, with instant written translation on screen.”** by *Mago Giogo, professional clown.*



11:00-13.00

**Educating with laughter pt2 - Clown therapy as a tool for education** by *Mago Giogo, professional clown and Alceste Aubert, volunteer.*



15.00- 18.00

**Interactive workshop: “Theatre with a Clown”** by *Mago Giogo, professional clown.*



### DAY 4

09:00 – 12.30

**Workshop: Educational games: practical activities concerning storytelling, balloon squeezing, creation of foam rubber Muppets** by *Mago Giogo, professional clown.*

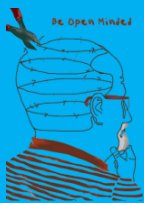


13.00-15.00

**Study visit to “Fattoria dei Sogni” in via della Barchetta, Jesi (“the Dream Factory”) to discuss about pet therapy.**

<https://www.facebook.com/La-Fattoria-DEI-SOGNI-1206450919536130>





15.00-16.00

**"Pet therapy in adult education" by the psychologist Noemi Castelli.**



Special thanks to Selena Abatelli, Franca Ponzetti and Gabriele Papili, the great volunteer staff of "La fattoria dei sogni".

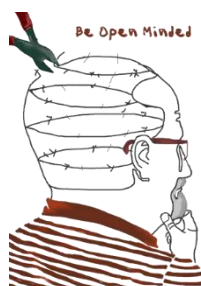


A special thanks also to our special guest: **"Peppina" the therapy goose**, which established a special relationship with one of the participants.



## DAY 5

Departures.



This newsletter is produced in the framework of the project:  
**ERASMUS+ BE OPEN MINDED.**



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### PROJECT PARTNERS:



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Associazione Culturale EUTOPIA – Italy

Asturia vzw

Asturia – Belgium



Achaia Adult Education Institute – Greece



Staffordshire Care Farming Development CIC – United Kingdom