



Youth exchange "Volunteering as tool to an Inclusive Growth"

from 16th to 26th July at Lacu Rosu (Romania)

Partners:

- 1) Associazione Culturale EUTOPIA from Italy
- 2) Association Argania culture et développement from Morocco
- 3) Fundatia de Sprijin Comunitar from Romania
- 4) Institute of Ukrainian Studies NGO from Ukraine
- 5) Partage en couleurs vzw from Belgium
- 6) UDRUGA ZA RAZVOJ ZAJEDNICE "KREKTIVA" from Croatia

Project Summary

The project will gather from 16th to 28th July at Lacu Rosu (Romania) 30 youngsters and 6 leaders from Belgium, Croatia, Italy, Morocco, Romania and Rumania.

The youth exchange "Volunteering as tool to an Inclusive Growth" aims at discovering new ways to express ideals of equal opportunities and to give young people competencies to have active role in our society for combating poverty and marginalization through and in volunteering. The project idea is to give the right and necessary space to young people for a wide exchange of different visions, approaches, experiences and intercultural backgrounds and to explore the volunteering as tool to let them come out with concrete actions for making their vision on what has to be done for addressing the poverty and marginalization at different levels reality.

What are the objectives of your project?

- To give the right and necessary space to young people for a wide exchange of different visions, approaches, experiences and intercultural backgrounds
- To explore the volunteering as tool to let them come out with concrete actions for making their vision on what has to be done for addressing the poverty and marginalization at different levels reality.
- To awareness of the value and importance of volunteering as a form of active engagement and as a tool to combat poverty, marginalization, hate motivated violence, racism, discrimination and social exclusion from the perspective of youth in different societies
- To raise awareness of the topic of poverty and marginalization in general and how this is reflected in young people with fewer opportunities - To focus on the European Strategy "Investing and Empowering young people" and how to create new opportunities for young people and improve their personal and professional development through non – formal education and volunteering. -To



present the opportunities of the Erasmus + program in general and European voluntary service in particular.

- To foster International cooperation and understanding of equality, gaining valuable experience into the mixed group and interactively with the local community, develop contacts as part of it;
- To include young people with fewer opportunities dealing poverty and social exclusion but also geographical and economical obstacles.

Why do the participants want to carry out this activity? What issues and needs do they want to address?

The youth exchange gives the right and necessary space to participants for a wide exchange of different visions, approaches, experiences, and intercultural backgrounds and to lets them to come out with concrete outcomes, joint actions and shared vision on what has to be done for addressing the poverty and marginalization at different levels. Also, to try to increase the general knowledge to them about the social exclusion, social responsibility and Youth policy on national and European level. Moreover, the project provides to be useful for them in their way to active participation. After the project participants will understand their role in the present and future of Europe, they will understand the need to do their contribution to the creation better future for all of us. Thanks to the project, participants will be able to learn about other cultures and to respect them as each one of them is only complementing the European cultural puzzle and will get better understanding of the idea of these phenomenon's in general. The intercultural evenings will be one of the important parts of the project, since the participants will have the opportunity to meet, learn and discuss other cultures and traditions and develop their cultural awareness. The program will address the issues of great concern to young people in today's Europe and will encourage their involvement in the processes promoting human rights and tolerance as a foundation of society in Europe. The project will give participants necessary skills and knowledge to contribute to the establishment of real stability in their countries and in Europe in general and to develop ideas about what does it mean to be European citizen, how to increase participation of young people in the social and political life of Europe and impact processes in matters affecting the society. The fact that there will be involved participants both from EU and non-EU countries will foster European cooperation in youth field and will support the development of new projects. We will use the nonformal methodology which will consist of games, theatre techniques, role plays, presentations, creativity workshops, discussions. Activities will involve group works, discussions about the topic of inclusion in general, intercultural evenings, where participants will prepare and present traditional food, traditional dances and songs, creative presentations of their countries, as well as participants will be involved in making video which will include interviews with participants and local people, activities of the youth exchange, forum theatre which will focus on the problem of discrimination. We will have also outdoor sport activities which will help to build group dynamics.

What are the basic elements of the activity? Please describe at the very least the venue(s), working methods used, aims of each session etc.



We will organize 4 workshops that will help youngsters to define together

16/07: Arrival, installation and in the evening welcome activities prepared by the hosting partner (Romanians)

17/07: Like every day: Energizers, Icebreakers prepared and led by the youngsters during the preparation period. Each country will led one of them. Objective: knowing each other, presentation of the Youthpass by the Belgian using the experience of each country that will be collected before the Youth Exchange. Making rules: brainstorming led by the leaders. Youngsters will list the rules of their cohabitation, involvement in the project (attitude) respect of the venue, the differences of cultural...

18/07: Energizer- reflection on day before activities Workshop 1 "What does poverty means to me"

19/07: Workshop 2 "What means inclusion growth"

20/07: Workshop 3 "Volunteering as a tool to the inclusion growth". Youngsters will map the opportunities that the volunteering offers. Then they will reflect on it. In the afternoon: leisure activities chosen by the participants

21/07: Workshop 4: "I'm an active citizen". Using play role games concerning obstacles participants mentioned, some poverty stories they mentioned. The participants will reflect on their own behavior Afternoon: the groups will translate the results of these 4 workshops in motivation speech. They will use video or writing an article in an virtual newspaper. The evening will be free. Moment to relax.

22/07: Putting in practice what has been learned.

From 22 to 24 July , we will pursuit the project in the village of Stanisesti. It's located in the It's one of the most poor village from the Est Europe, see this link: <https://maps.app.goo.gl/Komoq>. Children are working hard the land, they don't have time to play, to be a child. don't have anything to do, especially during holidays. So, our Romania partner organizes every year a summer school. More than volunteers organize activities for almost 300 children during summer: sport, music, art and craft. In the evening they organize fire camps, they share a meal prepare food, have a chill time, and a dance Time with all the children and their parents. For 3 days we will participate in this summer school. Our participants will have an opportunity to experience volunteering in an international environment. They will be supported by the volunteers of the Romania organization. They all speak English. The exact planning will be fixed during the APV. On the 24th July, in the evening farewell party with the children, families and volunteers.

25/07: Energizer + return to the venue in the city. Reflection on the last 3 days activities and final evaluation. Afternoon: Free.

Participants

The general age of participants will be 17-25 years old, and we will not have age limit for the group leaders. Anyone who is really motivated and shares the same visions and can make a contribution to the project can be a successful participant. We will ensure gender balance as much as possible both in the selection process and during the project and working groups we will always make gender balanced group. As we are expecting to have 6 participants (5 participants+1 group leader) from each



country. All the partners will make sure to have equal number of male and female participants in their group. All partners have agreed to involve more participants with fewer opportunities to attend such a project or to go abroad and discover other cultures, other opportunities of self-development etc.. The second criteria is the interest in the topic of this project and the motivation of the participants bring changes in their own life's and to promote the results of the projects so that they can help other youngsters.

Learning outcomes

At the end of the project, the participants will have learned: Participants will gain the following knowledge, skills and abilities:

- Communicating with people from their group in their mother tongue during free time, will also encourage the other participants to learn some commonly used words (greetings, etc.) in other languages, useful in their future;
- Communicating during activities and, therefore during all day, will be realized in English, which will be a real advantage for participants who wish to improve their expression in English but also for those who remember or learn new words
- Participants will gain knowledge in IT, using video camera and photo camera.
- Participants will learn to learn, they will know a new form of learning through non formal methods, giving up to the standard methods of acquiring knowledge, they will realize that this new form has much more success for them, the learning process unfolding practically not passive;
- Participants will acquire social skills by presenting environmental and social problems faced by each country, youth will be aware of the European social reality and try to improve it, social skills will be learned, especially during brainstorming's, group discussions, workshops as well as round tables;
- Creativity and entrepreneurship: To break shyness barriers and achieve personal development of each participant, they will achieve and develop leadership skills by expressing their opinions in an attempt to create solutions to improve skills and active behaviors;
- Reality and cultural expression, participants will practically take part in the cultures exposure of the participating countries, detailed observing on their customs and traditions, through dance warm-ups and traditional evenings, they will be direct viewers to each country performance, being aware of cultural reality and personalized expressiveness of the partners.
- Participants will have a common space for reflection, round tables will be realized in nature, so participants will have the opportunity to put their ideas and feelings in order and share them with the others Participants will acquired knowledge about the topic of the project, the definition of the different concept : different meanings of poverty, volunteering, inclusion growth. They will acquire tools to tackle poverty and how to use them.



Practical informations concerning the Youth Exchange: Will be rediscussed during the APV.

1) Dates and venue for the YE :

Dates : from 16th to 26th July 2019

Venue : City : Lacu Rosu

PENSIUNEA TEO

<https://goo.gl/maps/h3Xy59riDQV5dynq6>



2) Accommodation & food :

The venue has all needed equipment (3 times food and conference room for training)
All the participants will stay together in the same place and will be accommodated in double rooms with separate shower and bathroom

3) Participants :

1 Youngster and 1 leader per country

4) Planning see above

5) Travelling advices

For Italian partner:

You have a directly fly from Rome to Bacău

For other partners:

you have to find a fly to Bucharest.



The Airport is in Otopeni near Bucharest. You will see busses from Otopeni to Bacau. From Bucharest you have a train or a bus which can take you from Airport to Bacău. From Bacău we will arrange a minibus to Lacu Roșu. We don't have so many options For more information concerning the train, please visit the following link:

<https://mersultrenurilor.infofer.ro/en-GB/Itineraries?OldCultureName=ro-RO>

Concerning the travelling by bus (Massaro company): The distance from Bucharest to Bacău is around 5 hours.

For more informations: <http://www.massaro.ro/Tracks>.

The price for buss or train from Bucharest to Bacău it can be around 15-20 Euros

6) Travelling costs :

The travelling costs are calculated according to the rules of the Erasmus + programm, they are based on the distance band from home-country till the venue. Here are the amounts per countries. Please not that if you spend more, the exceeded amount will be on you charge.

Belgium 275 € per participant —> For the APV

Croatia 275 € per participant —> For the APV

Morocco 530 € per participant —> For the APV

Italy 275 € per participant —> For the APV

Ukraine 180 € per participant —> For the APV

Romania 20 € per participant —> For the APV

7) REIMBURSEMENT RULES for the Youth Exchange:

1- Only the maximum sum for the travelling costs communicated bellow will be reimbursed

2- To receive the reimbursement we need all ORIGINAL invoices, tickets, boarding pass. Without originals we won't be able to make a reimbursement!

3- You have to travel within the dates of the activity or at maximum one day before or one day later. In this case you need to provide a corresponding motivation.

We kindly ask you to inform Gabriel before booking/reservation tickets.

Any decision without consulting us will be on your own responsibility.

8) Insurance- Visum- Passeport

Pleasedon'tforget :



Erasmus+

- to have an European Health Insurance which allows you to be treated abroad by a doctor or a hospital in case of an emergency. The costs of any other (private) insurance contracted by a participant will not be covered by the program or the hosting organization
- Travel with valid passport and ID > 15 days after the end of the activity.

For further information

Please during your travelling contact Gabriel :00400745587542

For all other questions please contact :Devota via email, facebook

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