

“V.I.P.”: OUR GOAL

The aim of the project "Violence- An Important Problem" is to develop and implement new solutions in the sector of educating adults, especially those facing the risk of social exclusion; to broaden and develop the competence of educators, especially in terms of effective teaching adults with low interpersonal skills; to deepen the knowledge about different types of violence: domestic, against women, on the Internet, in the stadiums, racial, xenophobic ,against old people, as well as eliminate and prevent this phenomenon; to support the development of social, civic and intercultural competence, media literacy and critical thinking among adults, as well as combating discrimination, segregation, racism, aggression and violence; to exchange experiences and good practices concerning prevention and the ways of recognizing the victims of violence in the local environment.

Countries participating in the project represent different regions of Europe (Poland, Romania, Italy, Belgium).

In some of them the biggest problem is violence against immigrants, in the others domestic violence dominates. In all the countries there is a new problem-hate speech.

The innovation of the project is that the partners are from different parts of Europe.

We are different institutions: NGO (Poland, Italy), educational centre (Belgium), municipality (Romania). The common factor is adult education.

If you want know more about violence - how to recognize many kinds of violence, how to protect, how to help the victims, you can read about it on the web sites: <http://www.no-violence.eu/>

PARTNERS:

Fundacja Bądź Aktywny- Poland

PRIMARIA MUNICIPIULUI ALBA IULIA - Romania

Associazione Culturale EUTOPIA - Italy

Asturia - Belgium

OUR RESOURCES ON EPALE:

<https://ec.europa.eu/epale/it/node/53952>

INFORMATION IN NATIONAL LANGUAGES:

Italian:

<https://www.associazioneeutopia.org/progetti/v-i-p/>

Dutch:

https://asturia.weebly.com/store/c1/Afgebeelde_producten.html

Polish:

<https://www.facebook.com/violenceimportantproblempoland/>

<https://ec.europa.eu/epale/pl/blog/dlaczego-tak-trudno-mowic-o-przemocy>

<https://ec.europa.eu/epale/pl/blog/prawo-wyborcze-kobiet-jako-temat-dzialan-educacyjnych>

C3 in Poland – October 2018

The mobility in Poland was implemented as planned in the application form.

The main topic was elder abuse.

During the mobility we had the following workshops:

- **Demographic situation in the partners' countries**
- **How to recognize the victim or potential victim of violence?,**
- **Factors of elder abuse (violence against old people) and the prevention**
- **What we need to prevent violence against old people?**
- **How to build the network for victims and potential victims?**
- **Pyramid of Hate.**

We also had training on **self defence**.



It was conducted by a professional trainers. The training consisted of two parts: one theoretical and one practical. The participants learn about rules, rights of the victims and witness to the crime. During the practical part participants learnt how to react in a dangerous situation in the public area.

The mobility was organized with the help of local stakeholders.

Participants of the mobility were seniors and people working with seniors.

During the mobility, participants **improved knowledge about elder abuse, learned how to react during an attack in public area, learned about threats to seniors, exchanged experiences, got motivation to work at the local level through exchanged the ideas and solutions, improved their personal skills.**



During the afternoon and evening participants realized the small **cultural programme** (visit the museum and old synagouge in Piotrków Trybunalski, the exhibition in Marek Edelman Centre and Manufaktura Centre in Łódź). The mobility was also observed by Finnish colleague who came for job shadowing to Poland (2017-1-FI01-KA104-034570).

STUDY VISIT

Daily Social Welfare House in Piotrków

Trybunalski is a public institution taking care of disabled persons and old people with illness. The local government provides social protection systems such as suitable insurance against major risks (ill health, old age) at levels that prevent poverty and social exclusion.



The institution has the following tasks:

I – Organization of provision of social services, especially for the people with mental health problems in their place of residence.

The Welfare House provides the following services:

- help in solving the nursing and protective problems ;
- assistance in home health care;
- to help people to stay active and socially connected as they age;
- to help keep clean a residence



II Daily service

The institution creates the conditions for long hours stay. Adult day care services are limited to 5 days per week. The clients can stay there since Monday till Friday, in the time 7.30- 15.30. Clients (old people) can take part in the activities. The aims are: keep-fit activities and rehab, improve mental ability, help in being more independent in a home environment. Methods depend on the group of clients. This is the reason why the institution cooperates with cultural centers, NGO-s, educational institutions, etc.

III Providing meals to lonely seniors

Social Welfare House prepared the lunches in three diets: general, diabetic and for people with ill liver (easily digestible diet). Clients are the pensioners of the town. Most of them come every day (Monday-Friday).



IV Supporting Seniors' clubs.

In the Social Welfare House are two seniors' clubs: „The club of old gentlemen” and „The Amber”.

Members of the clubs are seniors of the town. They have about 200 members. They organize events like: Christmas, Easter, Women Day, Grandparents Days, etc.

STUDY VISIT in Łódź

The participants visited the foundation Subvenio in Łódź. It's the stakeholder of Fundacja Bądź Aktywny. They met with the representatives of the organization, discuss about the support for the victims and the potential victims, especially older people. The conference let to exchange the experiences, impressions, ideas.

Subvenio (<http://subvenio.org.pl/>) is the foundation which help people who are experiencing a crisis, who needs help.

Subvenio works in Łódź and the region. The target group are: victims and their families, seniors.



One of the activity is organize and monitor the Assistance Center for Victims of Crime and Members of their Families. It offers all residents of the Lodz region affected by crime.

Everybody who needs help can find there the legal assistance free of charge, including legal advice, as well as preparation, editing of letters sent to, among others, to courts, prosecutors, police or insurance companies.



If someone has suffered a traffic accident, an accident at work, has become a victim of stalking,

domestic violence, lack of training, or fraud - he can apply for help.

The people who help the victims are: lawyers, psychologists, sociologists, social workers, volunteers.



Center for psychological and legal support for seniors.

The seniors can meet with psychologist, lawyer, mediator. One of the activity is a support group for seniors in a difficult life situation. The members of the group meet one time every week.



Telephone of kindness for Seniors.

It is a joint venture of the Subvenio Foundation, the Department of Health and Social Affairs in Lodz, as well as volunteers, lawyers and psychologists. Everybody can call to talk with the experts or volunteers. It's the project not only for the victims. If somebody feel alone, sad can call and just only talk. The seniors volunteers work in the project. It's very important. Seniors volunteer on call support, which may be an antidote to loneliness, help in solving legal, social and other problems.

MATERIALS:

FILMS about the seniors, the situation of the group, support for them, prevent the violence.

What does mean it "Old"?

https://www.youtube.com/watch?v=i78aasHFC-E&feature=share&fbclid=IwAR1PdyZO1MOM_ZDtVe-ol3n5IS1i6Vu5eOZWK91HgEtObL34ZCv3Bv1k9Jo

The seniors in public institution:

https://www.youtube.com/watch?v=3gmfZ_5nFWM

The seniors and young generation:

<https://youtu.be/xCJQtdnFhnk>

The companion:

<https://www.youtube.com/watch?v=WH7LitM2Z0g>
<https://www.youtube.com/watch?v=tTUiBRFw48E>
<https://www.youtube.com/watch?v=Y-NChU968YA>

The lonely old people

<https://www.youtube.com/watch?v=uenDVADL-4Y>
<https://www.youtube.com/watch?v=iZgXhHxj8Lw>
<https://www.youtube.com/watch?v=biUL4kg6cjw>

Alcesto's experience:

<https://www.youtube.com/watch?v=DUCNkT3jl4&feature=share&fbclid=IwAR0It0UCqFBeGqS18PdCiUmIrl3m6iZvfrniEkXBb06ycwSX3OZhyX0Ab4>
https://www.youtube.com/watch?v=lgYUM_DdlMg&feature=share&fbclid=IwAR1xZLWTwG_ILFu6iFmLo1pLWJxmUmPUhmlOMQrh9T4fUC7F7jOg6w_h5jo

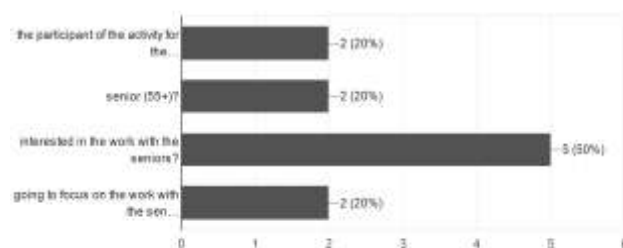
EVALUATION:

Do you have the information about the topic, aims, activities before the coming?
10 responses



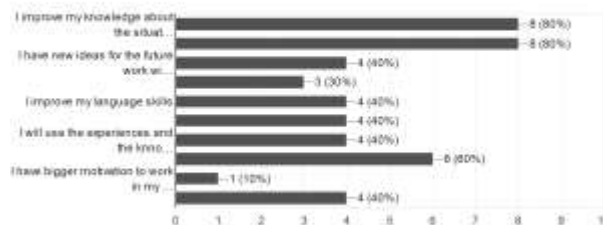
Are you

10 responses



What are the results of the participation in the mobility

10 responses



The aims of the mobility was realized.

Most of the participants improved their knowledge about the situation of the seniors and have new ideas to future work.

It's very important for the long-time impact of the project.