

Participants Info Pack

“Social Entrepreneurship Engagement for Youth (SEE 4 Youth)”



Training course

**11 Monday June (9.30 am, starts) – 16 Saturday (7.30 pm, finishes) June 2018
Split, Croatia**

Deadline to send participation forms is 10/February/2018

**Deadline to book tickets (Klub mladih Split needs to confirm the flights before
participants proceed with the booking): 25/February/2018**

The international training course ‘SEE 4 Youth’ will be hosted in Split by ‘Klub mladih Split from 10/6/2018 until 17/6/2018.

Each partner organization will be represented by 2 participants and the partner from Cyprus will be represented by 2 participants and 1 trainer.

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Organizer



Partners

1. Citizens in power CIP (Cyprus)
2. Združenje EPEKA, So. P. (Slovenia)
3. Organisation Francaise de la Cooperation International (France)
4. Tarptautinis bendradarbiavimo centras (Lithuania)
5. Asociatia Tinerilor Cu Initiativa Civica (Romania)
6. ADEL (Association for development, Education and Labour) Slovakia (Slovakia)
7. Asociacion Building Bridges (Spain)
8. Associazione Culturale EUTOPIA (Italy)
9. Associacao Juvenil Da ilha Terceira – AJITER (Portugal)
10. Asocijacija na evropski studentski strukturi (Macedonia)

About the organizers

Klub mladih Split (KMS) is a youth non-profit, non-governmental organization based in Split, Croatia that addresses youth empowerment, youth employment and social inclusion. KMS envisions high quality of life of young people in our community and we see our purpose in activating young people in all areas of social life, creating great opportunities, disseminating important and valuable information on their rights, and promoting and protecting their rights. KMS aims at the development of non-formal educational and empowering programmes, providing a space for leisure and fun activities, organizing projects and happenings focused on youth, connecting and motivating youth leaders and organizations, and other different activities aimed at enabling the fulfillment of youth potential. Since 2012 KMS managed to connect with local University and leading faculties, local authorities, as well as student entrepreneurship incubator, NGO's, local entrepreneurs and start-up experts. Collaboration with partners and expanding our network constantly enables us to develop projects and educational programmes and materials regarding areas stated above. KMS retains a valuable network of educational experts, trainers and youth workers experienced with formal and non-formal education.

ACTIVITIES IN COMMUNITY:

Providing young people from Split and surrounding areas with attractive, educative and entertaining program and space.

Increasing the employability of young people through formal and non-formal educational programmes and practical experience.

Engaging more than 30 volunteers on regular basis in activities such as: decorating our working spaces, organizing events, assisting in educations, workshops and fun activities, helping in promotion of our organization (e.g. design, creation and distribution of promotional materials, contacting with media and presenting our organization to public), being creative and active participant in our team meetings and giving own ideas for activities of Youth club, preparing rooms for seminars, welcoming participants, giving information to interested young people, participating in bigger projects of Youth club and field work, like assignments of communication with other NGOs, local partners and cooperation with other volunteers.

Support and train members of our local and international networks in numerous ways such as exchange of information, good practices, experiences and ideas.

INTERNATIONAL ACTIVITIES:

KMS implemented and partnered a number of national and EU projects, with a focus on **entrepreneurship, employment, social entrepreneurship, ICT and youth empowerment and developing non-formal educational methods.**

It has participated in many Youth In Action activities and thus has the experience and know how to successfully implement such projects. KMS has also organized and materialised many workshops, meetups, conferences, lectures, meetings and presentations, as well as developed innovative tools in numerous fields.

Its experience over the years, in both national and international projects, has been in the aforementioned fields, while it has built a vast network of contacts globally over the years, which will be used towards the dissemination of the project and sustainability of impact and results.

Working Methods and Language

WORKING METHODS

- The training will be based on non-formal education methods, encouraging active participation of young people involved.
- Ice-breakers, energizers, group-building games
- Simulations

- Role plays
- Intercultural and experiential learning
- Brainstorming and discussions both in working groups and in plenary
- Inputs from experts

WORKING LANGUAGE

English

Eligible Participants

- Youth workers
- Young people interested at the objectives of this project and they are willing to share what they will learn in their respective organizations

Travel and Finances

Travel expenses are a heavy burden on the budget of this project. Participants are therefore required to arrange their journeys in the most economical manner possible. In order to find the most economic tickets we advise you to visit www.skyscanner.net. Tips for cheap flights <http://www.farecompare.com/travel-advice/tips-from-air-travel-insiders/#/>

- Split Airport - is the biggest and only airport, closest to the venue. Cheap flights by Easyjet, Wizz Air, Vueling Airlines and others. Participants from Slovenia and Macedonia are advised to book the bus tickets.

Please bear in mind that according to the guidelines of our National Agency the travel dates can be plus or minus 2 days (the cost for the extra travel dates is not covered, for example accommodation, food and transportation). You can either a) arrive one day earlier and leave one day later or b) arrive two days earlier and leave on time c) or arrive on time and leave 2 days later d) or arrive on time and leave one day later or e) arrive one day earlier and leave on time. All these options will be accepted only if they have the same or lower value with the actual travel dates of the training course (start day and last day of the training).

Irrespective of the means of the transport used, participants will be reimbursed on the basis of the **least expensive route** between their place of residence and the town in which the course is held.

Please don't book any tickets before receiving our written confirmation.

FUNDING CONDITIONS:

ERAMSUS+ Programme, Key Action 1

100% of accommodation and activity costs are covered by the programme

The international travel costs are covered according to the rules of ERAMUS+ YiA KA1 (distance band calculator, 100-499 km = 180 euro, 500-1999 km = 275 euro, 2000-2999 km = 360 euro, 3000-3999 km = 530 euro, 4000-7999 km = 820 euro).

Reimbursement will be provided to the participants who are involved in all the activities of the training, participants can request exception for some of the activities, which can be approved only when is an urgent need and with the provision of evidence.

Participants' travel costs to and from Croatia per country (including the cost of plane, bus):

Country	Total Grant per participant
Cyprus	275
Italy	180
France	275
Lithuania	275
Portugal	450
Spain	275
Slovakia	275
Romania	275
Slovenia	180
Republic of Macedonia	180

Documents/actions needed to complete your reimbursement:

In order for Klub mladih Split to precede to your travel reimbursement you must present when requested the following documents:

- Invoice or copy of credit card slip of the travel payments.
- Boarding pass (please resist throwing them away in the nearest bin after you leave the plane – you will NOT be refunded without them).
- Travel reimbursement form (which you should collect in the reception on your arrival).
- Relevant tickets (plane, bus, etc).

- **NOTE that NO electronic tickets will be reimbursed if the original invoice is not provided.** The reimbursement will be done via bank transfer within 45 days, after the receipt of all travel documents including boarding passes.
- Travel refund to the participants will be paid by bank transfer to organizational account/personal account for the whole group after all travel documents will be received by the Klub mladih Split.

Before the execution of the reimbursement, participants need to fill a questionnaire that is generated from the mobility tool (organizers will inform you accordingly).

Without the originals, we can't reimburse the travel costs. Please print out all your flights tickets, even if you sent them to us before, we need them in paper for the reimbursement!!!!

Accommodation

ABOUT THE VENUE

The venue of the training course is Hotel Dujam (Velebitska 27, Split, Croatia). All participants will stay in Youth hostel Dujam in triple rooms with shared bathrooms. Breakfast, lunch and dinner included. Whole programme will be held in conference room in hostel.

YOUR ROOM

The rooms are triple, fully equipped with everything you may need. Towels are changed every 2-3 days, bed sheets every 3 days. The rooms are two floors above the conference room. We might combine people from different countries in the same room so as all the participants to have the opportunity to get to know each other. Please let us know if you want different arrangement e.t.c.

What to bring:

Please bring any medicine you might need. We don't have all the medicines you might need in Croatia (brand, ingredients etc).

LAPTOP

You are strongly advised to bring your laptop (if you have one) because we will work on freeware and programs that you can use for dissemination of your activities, project management etc. Please try to bring one laptop per country to use it in some of the sessions.

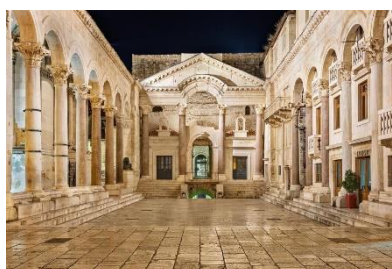
INTERNET ACCESS

We will have free internet access in the whole hotel. You can connect with your laptops. There is WI-FI in all the areas of the hotel.

Information regarding extra Facilities

Please contact in advance the hotel if you want to make a booking for your extra stay in Croatia. Prefer to arrange your stay with other participants in double or triple rooms because single rooms are very expensive.

Few pictures of Split



Few pictures of the Hotel



Contact details

HOTEL DUJAM

Email: info@hoteldujam.com

Tel: 00385 21 538 025

Adress: Velebitska 27, 21000 Split, Croatia

website: <https://www.hoteldujam.com/>

SAFETY AND INSURANCE

Travel and accident insurance is a responsibility of the participants. You are advised to buy a regular travel and/ or accident insurance during your travel and your whole stay in Croatia.

Please do not forget to arrange your travel insurance including the responsibility insurance (in case of causing third party damage). Health insurance is not provided by the organizers, the citizens of the European Union are entitled to the European Health Card. All the participants are strongly advised to bring with them the European Health Card, not to be forced, in case of an emergency, to pay the costs of health care in Croatia.

Participation fee/ cost

Food and accommodation are FREE. There is a participation fee of 35 euros which the participants are required to pay **in cash during the TC**. Please, pay special attention to this point as we will not be able to keep this amount from the money you will get back for your travel expenses.

The participation fee among other organizational expenses covers the cost of farewell party near the beach. It covers also a trip to Klis Fortress.

Food

The food will be prepared by the hotel. Breakfast, dinner and lunch included.

If you are a vegetarian, vegan or you have any allergy problems, please inform us as soon as possible.

Dinner is also arranged for the day of arrival and lunch for the departure day. Participants can have their meals at local restaurants but you are to inform us on time so that we don't waste food. We also don't cover the cost of your outside dining, since you will have all your meals arranged specially for you at the hotel restaurant.

Split is a fairly safe city and the streets of the old town are usually full of people, day and night. Street violence is rare and there's no particular problem with pickpocketing, but you should employ common sense regardless.

How to get to Split from Split airport

There are several transport options to go from Airport to the City. The cheapest one is by city bus (Promet Split) number 37. The buses leave every 20 minutes and the bus station is next to the airport parking. The trip in one direction takes approximately 45 minutes to 1 hour. One-way ticket is 17 HRK¹. Bus tickets can be purchased from the bus driver.

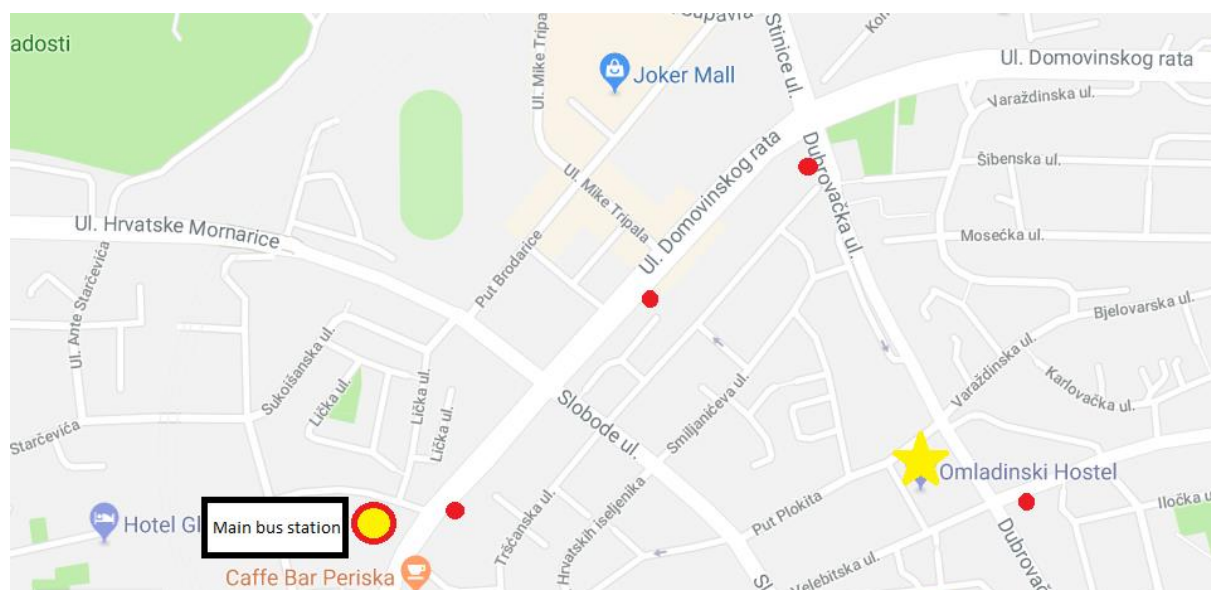
Please keep your receipts and your bus tickets because your travel budgets includes domestic travel.

How to come to hotel?

After you come from airport to the main bus station, go **across** the main street to the local bus station. You should take bus number 9. Buy one-way ticket in bus, it will cost you 11 HRK. Get off the bus at third station. Across the station, on west is Hostel Dujam. Remember to ask, Split is a small place, everyone knows the hotel and the bus drivers are very friendly.

About your travel details (from the airport to bus station, arrival to Split, all the schedules), please contact Valentina Perišić, by email at valentina@klubmladihsplit.hr or by phone at +385 98 183 59 69 (mobile phone).

Please note that taxi service is not reimbursed in any case!



¹ 1 € is about 7,5 HRK.

Facilities: Free WiFi everywhere, Terrace, Balconies on every floor, Comunal kitchen and living room, Bar, Non-smoking rooms, 24-hour front desk, 1 free drink in the Hostel's coffe bar every morning, juices, coffe and tea will be available the whole time during the training

Please note that participants who arrive or depart at dates that are different from the schedule, they have to make their own arrangement to and from the airport at their cost. For example the training starts (arrival day) on 10 Jun, and participants arrive on 9 Jun, he/she is considered out of schedule. Also they have to cover the cost for the accommodation for the extra days.

Markets: Tommy (Supermarket) 0.1 km Green Market 0.1 km
Joker Shopping Centre 0,6 km, Park 0,1 km, Cafe/bar 0,1 km

What to see in Split?

If you want to see old part of Split, take the bus number 9 across the hostel

Get off on fourth station. To get back to hostel, take again bus number 9 on the same station you get off when coming, but now the station across the street. You can also use Uber service for group sightseeing. One way trip from the hotel to the city costs around 20 kunas (2.50 euros). Uber can take up to 4 people, so when you split the receipt it will cost you less than 1 euro per person.

We recommend to visit²:

Diocletian Palace is one of the best preserved monuments of the Roman architecture in the world. The Emperor's Palace was built as a combination of a luxury villa - summer house and a Roman military camp (castrum), divided into four parts with two main streets. Southern part of the Palace was, in this scheme, intended for the Emperor's apartment and appropriate governmental and religious ceremonies, while the north part was for the Imperial guard - the military, servants, storage etc. The Palace is a rectangular building (approximately 215 x 180 meters) with four large towers at the corners, doors on each of the four sides and four small towers on the walls. The lower part of the walls has no openings, while the upper floor is open with a monumental porch on the south and halls with grand arch windows on the other three sides. Over the centuries the Palace inhabitants, and later also the citizens of Split adapted parts of the palace for their own requirements, thus the inside buildings as well as the exterior walls with the towers significantly changed the original appearance, but the outlines of the Imperial Palace are still very visible.

² All information retrieved from <http://www.visitsplit.com/en/446/attractions>

Cathedral of Saint Domnius - Among the European cathedrals the one in Split finds its seat in the oldest building - **the Mausoleum of the Roman Emperor Diocletian**. Inside the cathedral, at the end of the second millennium, the history reconciles ancient pagan, Christian Medieval and modern heritage. Mausoleum of the Emperor - persecutor of Christians becomes a cathedral in the 7th century where altars with relics of St Domnius and St Anastasius, martyrs executed in the nearby Solin, take an honorary place. Cathedral today is primarily a place of liturgy. The renowned part of the Cathedral are its gates carved in walnut by Andrija Buvina from Split. The two door posts show fourteen tablets each with scenes from the Gospels, from the Gabriel's Annunciation to the Resurrection of Christ.

The bell tower of the Cathedral (57m) is the most original Dalmatian Medieval architecture started in the 13th century. Today you can climb the steps all the way to the top of the bell tower, where a spectacular view of the entire Split awaits you.

The Golden Gate/ Porta septemtrionalis is their Roman name. Emperor Diocletian walked through them as he entered the Palace on the 1st of June 305. They were built in the shape of a rectangle, with double doors, as part of the defensive military tactics (propugnaculum). Province Dalmatia, and could only be used by the emperor and the members of his family. Today they are, together with the nearby monument to the Bishop Gregius of Nin (Grgur Ninski), the work of a great Croatian sculptor Ivan Meštrović, one of the favourite Split tourist spots. Under the influence of Venice, in the 16th century, the gates change their name to Porta Aurea or Golden Gates, and this name stayed with them to this day.

Temple Of Jupiter - Eminent Scottish architect Robert Adam considered this temple one of the most beautiful European monuments. Rectangular in its floor plan the temple served to celebrate the Jupiter's cult. It lies on an elevated podium, with a six column porch in front of it. Embossed images on the portal, as well as the barrel coffered vault influenced the early Renaissance architecture of Andrija Alessi and Nikola Firentinac in Trogir.

Peristyle, as the central square of the Palace, intended for the Emperor Diocletian celebrated as the living son of Jupiter, finds its place among many temples. The Emperor would appear under the architrave of the central part of Protyron, and his subjects would approach him, kneeling down, kissing the hem of his scarlet cloak, or they would fall in front of him, their entire body to the ground.

The Church and the Monastery of St Francis, located on the Western part of the Riva, were built on the old early Christian site, by the grave and a small Church of St Felix, martyr from the time of Diocletian. Next to the Church is a Franciscan monastery with

a 13th century cloister and an opulent library with over 3000 books, among which even some from 16th century. In the Church and the Monastery are tombs of prominent citizens of Split, like the father of Croatian literature Marko Marulić and

one of the greatest Croatian politicians Ante Trumbić whose sarcophagus is the work of Ivan Meštrović.

Prokurative or as they are officially called, Republic Square resemble the Venice St. Marks Square. They are located west of the Riva and they were named after the arches found on the neo-Renaissance buildings surrounding the square on three sides. Most people to this day know it by that name. The square is only open on the south side, providing a beautiful view of the harbour and the Riva (waterfront).

Pjaca (People's Square, another square nobody in Split calls by its real name), is first mentioned in 13th century as St Lawrence's Square, and it was the first inhabited part of Split outside the Diocletian Palace, leaning to its western wall yesterday, it is also today, when Pjaca is filled with numerous bars, restaurants and shops, and when it became one of the most important spots for tourists wishing to enjoy in whatever it is that their hosts, citizens of Split, are enjoying.

The Riva started to look the way it does today two centuries ago, when the French, in time of Napoleon ruled these parts through Marshal Marmont. Today this promenade is the cities living room, the most popular and most important public place in Split Riva today is a pedestrian heaven, thrusting with Cafés and restaurants, an ideal place for having your morning or afternoon coffee, or for an evening out with friends over drinks. Riva is the stage of the city life of Split, a venue for numerous cultural and entertainment events.

Bačvice - "We are going to Bačvice...", is tune often heard around the town, words of a joyous hymn to the municipal beach, officially designated as such in 1919. Bačvice is a phenomenon of nature, a sandy beach at the heart of the city, in the vicinity of the city harbor, and it can accommodate over ten thousand people. During the low tides in springtime Bačvice turn into a split version of Copacabana where many famous soccer players first displayed their talent, where the rugby in Split was born, where even in wintertime a unique game of "picigin" is played (a sort of volleyball, played in the sea shallows with a small ball). Bačvice today represents a best known promenade for all generations, and during nighttime is the favorite center of nightlife.

Salona - Not far away from Split, some 6 km in direction north, there is a real treat for history lovers and others as well: the remains of Salona, an old Roman settlement which developed into present-day Solin. Getting to Salona: Salona is situated 6 km north of Split. If you don't have a car, you can get there by bus 37 which goes to Trogir from the main bus station Sukoisanska or by bus 1 which goes every 30

minutes from the main bus station Croatian National Theatre. The entrance fee to Salona is 20 kn.

Klis Fortress

The Klis Fortress is located in the village of Klis, 20 minutes north of Split. It's a popular tourist attraction since some of the scenes from Game of Thrones were filmed there. The Klis Fortress opening hours are daily from 9:00 to 19:00 (every day). There are 3 bus lines that run to Klis. 22 leaves from HNK (National Theater). 35 and 36 leave from Sukoisanska. **Admission price:** 40 HRK for adults, 15 HRK for children.

Some Practicalities

The price of products and services in Split varies depending on the season and the location. In Split shops, you can pay only in kuna.

Below is an indicative list in kuna. (1 kuna = 0,134 €)

- A single bus ticket - 11 kuna
- Water (0,5l) – usually from 5 kuna in shops / 10 kuna at kiosk
- Shower gel from 14 kuna
- Small juice pack (0,20L) from 3 kuna
- Toothpaste from 14 kuna
- Phone card with 20 kuna of credit, from 20 kuna
- Chocolate from 5 kuna
- Fast food from 20 – 35 kuna
- A glass of beer (0,33 l) costs 13 kuna
- A ticket to the cinema costs around 33 kuna
- Dinner at a local tavern (including beer or cold drink) costs around 100 kuna

MONEY AND CURRENCY

The Croatian currency is the Kuna (*not* the Euro!), which is divided into 100 lipas. When listed as a price, Kuna is abbreviated to Kn. The Kuna comes in denominations of 10, 20, 50, 100, 200, 500 and 1,000 as notes and 1, 2 and 5 as coins. The Lipa comes in coins of 1, 2, 5, 10, 20 and 50. In Croatian, the plural of Kuna is Kune.

ATMs are widely available all over the country. You can pay with your Visa or Mastercard card in most shops, supermarkets, cafes, restaurants, bars, hotels, hostels and when buying transport tickets.

Are Euros accepted in Croatia?

Croatia is a part of the EU, but the Euro isn't the official currency in Croatia. In particularly touristy areas, you can expect to see prices shown in both kuna and Euro though. Unofficially, the Euro, the US dollar and the Pound Sterling are accepted by some local merchants. However, you shouldn't rely on the Euro, nor

any other foreign currency within Croatian borders. Note also that if your bills are damaged or torn, they may not be accepted by local merchants and bureaus.

We recommend you change most of your Euros to Kunas in the City, since the Airport's exchange office takes quite a commission fee.

COMMUNICATIONS: MAKING PHONE CALLS

To dial abroad from Croatian phones, it is necessary to use the '00' prefix, followed by the country code. You should then remove the first 0 of the local phone number.

The country code for Croatia is +385. To call Croatian numbers from abroad, you should dial the area code without the first zero after the country code (for example 00 385 20 xxx xxxx if you are calling someone in Dubrovnik).

There are no roaming charges when traveling to another EU country from 15 June 2017. International calls from Croatia can be expensive for non-EU residents.

WEATHER CONDITIONS

Split enjoys an intense Mediterranean climate of hot dry summers starting in mid-May and lasting until mid-September (last 2 years, October was hot too) and rainy, quite mild winters from November to mid-March. The best time to visit Split is during the "intermediate period" in months of May/June and September/October. In these months you can expect pleasant sunny days ideal for swimming and sunbathing, with all the tourist services fully operational but without the crowds.

And for a very accurate ten-day weather check www.accuweather.com forecast (that will also help you organize your clothing and suitcase accordingly)

WHAT TO BRING

- ✓ Medicines
- ✓ Spring-Summer Clothes
- ✓ Comfortable clothes and shoes (for outdoor activities)
- ✓ Beach towel
- ✓ Musical instruments and other stuff – we will have free time to enjoy together.
- ✓ Alarm clock

- ✓ Athletic shoes
- ✓ Technology (smartphone or camera)
- ✓ Beach towel
- ✓ Motivation and good mood

NOTE: We use EU plugs →

For the intercultural night bring:

Local food and/or drinks. There is a refrigerator in the hotel.

You can also bring:

Information material about your country, your organisation, culture and general aspects of the culture that are typical characteristic of the area you belong to. It will be great if you could bring posters, brochures and other small things. Please bring short video or power point presentation of your organisation and/or country.



SOME FACTS ABOUT CROATIA AND SPLIT

Croatia (Croatian: *Hrvatska*) is a country situated in Central Europe. It is to the east side of the Adriatic Sea, to the east of Italy. It is also bordered by Slovenia to the northwest, Hungary to the north, Bosnia and Herzegovina to the southeast, Serbia in the east, and Montenegro to the south. Croatia is geographically diversified country; flat agricultural plains along the Hungarian border (Central European area), low mountains and highlands near the Adriatic coastline and islands.

Split is the second largest city in the country and the largest city in the Dalmatia region. The city was originally built around the Diocletian's Palace (a fortress-like palace built for the retired Roman emperor Diocletian), where the locals sought refuge many centuries ago. However, despite initial appearance, the city is not a small tourist town. It extends over a large area, well beyond the ancient city center. Modern Split is a city with 180 000 inhabitants. It represents economic hub of the Eastern Adriatic shoreline (an unofficial "capital" of Dalmatia).

While wandering through the historic center of Split, you will notice the Roman walls, squares and temples. Because of its ideal climate, with 2,800 hours of sunlight per year, locals have other names for Split: "The most beautiful city in the world" and "Mediterranean flower".

Almost everything worth seeing is concentrated in the old town behind the seafront Riva, built around various remains and conversions of Diocletian's Palace itself, as well as its medieval additional buildings, situated on the Western side of the palace.

On both sides, the old town fades into low-rise suburbs of stone houses, jammed around narrow alleys – Veli Varos, on the Western side of the old town, and Manus, on the Eastern. They are very well preserved, and although there are not highlights, they're worth a brief walk. On the Western side of the city center, the wooded Marjan peninsula offers fine views over the coast and islands from its heights. The best beaches are on the Northern side of the Marjan, or Eastern side of ferry dock at the Bacvice.

The hit HBO series Game of Thrones was filmed on the Dalmatian coast in Split and Dubrovnik. Split is a really nice town and attractive tourist location with its crystal blue sea, breathtaking nature, nice local people and thousands of years old heritage.

Places to visit in Split:

- Diocletian's Palace (Peristil, cathedral of St. Duje, basements, Golden Gate, Vestibul, etc.)
- Old town – outside area of the Palace
- Riva
- Bačvice beach
- Marjan Hill (along with beaches)
- Poljud Stadium

Eat local food:

Pašticada

Meat lovers will be excited to discover pašticada. It's a traditional Dalmatian dish always served on special occasions and it's prepared with special care. The main ingredient, beef, is marinated usually overnight and then it takes hours to cook. Pašticada is generally served with gnocchi.

Grilled fish

The name of the dish doesn't really sound like a menu special, does it? Oh, but it is. Particularly, if you're lucky enough to find a restaurant where you can witness any part of the process or all of it: fisherman delivering the fish, usually mackerels or sardines, the cooks cleaning and seasoning the fish with locally produced olive oil and home-grown Mediterranean herbs and then expertly grilling them! An absolute must is also the side dish: Swiss chard with potatoes.

Cuttlefish is one of the main ingredients here and the ink it produces is not only responsible for the colour of this dish, but it's believed to be a natural antidepressant. So, grate some cheese over your black risotto and you're bound to enjoy a lovely meal.

Dalmatian pršut (prosciutto) and Paški sir (Pag Island cheese)

Dalmatian pršut and Paški sir are perfect appetizers to nibble on while having a drink or two with friends. They ideally complement each other particularly when served

together with homemade bread. Dalmatian pršut refers to a dry-cured ham, but it's also smoked unlike similar variants from other countries. *Paški sir* is made of sheep milk, but it has a distinctive flavour that is achieved as a combination of natural environment on the Pag island and the cheese production itself. An absolute must-try!

Ways to experience Split and local living:

Enjoying Split coffee culture is one of the city's top highlights. You can sit and enjoy coffee at Riva, the most famous coffee spot or you can visit D16 in Dominisova 16 street, coffee shop with the best coffee in town.

Split is a nice place for partying especially during the summer season. Stop by at one of the pubs located in the Palace, there are plenty of them. You can visit clubs on Bačvice beach or walk further to Zenta club. Famous club in Split is also Vanilla club, near Poljud stadium. People in Split usually hit the clubs around 00:30 and stay until the early hours.

For more info about Split check: <https://wikitravel.org/en/Split>

Useful telephone numbers

Here is a list of the most important telephone numbers in Croatia:

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance

Some Phrases in Croatian

English	Croatian	Sounds Like
Hello	Bok	Bohk
How are you?	Kako ste?	kah-koh steh?
I'm fine, thank you	Ja sam dobro, hvala	doh-broh sahm, hva-lah
Nice to meet you	Drago mi je	dra-goh mee yeh
Good morning	Dobro jutro	doh-broh you-troh



Erasmus+

klub mladih
Split

Good afternoon	Dobar dan	doh-bahr dahn
Good evening	Dobra večer	doh-brah ve-cher
Goodbye	Doviđenja	doh-vee-jen-yah
Please	Molim	moh-leem
Thank you	Hvala	hva-lah
Yes	Da	Da
No	Ne	Ne
Excuse me	Oprostite	oh-pro-sti-teh
What is your name?	Kako se zovete?	kak-koh seh zoh-ve-teh
My name is ...	Zovem se	zoh-vhem se
Do you speak English?	Govorite li engleski?	goh-voh-ree-teh lee en-glees-kee
What time is it?	Koliko je sati?	KOH-lee-koh yeh sahtee?
How much is this?	Koliko ovo košta?	KOH-lee-koh oh-voh koh- shtah?
Where can I exchange money?	Gdje mogu razmijeniti novac?	Gdyeh MOH-goo rahz- MEE-yeh-nee-tee NOH- vahts?
Here's my passport	Ovdje je moja putovnica	OH-vdyeh yeh mo-ya POO-toh-vnee-tsa
A beer/coffee/tea, please	Pivo/kavu/čaj, molim	PEE-voh/KAH-voo/CH-ay MOH-leem
I am from...	Dolazim iz..	DOL-azeem eez..

Please take note of the following conditions that will apply if you are selected to take part in the training

- Commit to participate in the whole process, including: to prepare carefully for the training course; to do all remote preparation work the team will ask for; to take part in the full duration of the TC; to participate in the whole evaluation process.
- Be aware that obtaining a health and a full travel insurance is your own responsibility and at your own expenses. Understand that the information you provided on your special needs does not remove your own personal responsibility for ensuring your own health.
- Authorise National Agencies and the European Commission to publish, in whatever form and by whatever medium, including the Internet, my correspondence address, information about my organisation and work and pictures taken at the seminar.
- Respect the deadline for booking your tickets to Split.
- There is a participation fee of 35 Euros.
- Participants per country will create one dissemination report related to the training that might be published in social media (size: one A4 page max)

If you have any questions regarding the training please contact Valentina Perišić, by email at valentina@klubmladihsplit.hr or by phone at +385 98 183 59 69 (mobile phone).